

Located on Paradise Island on one of the finest beaches in the world, the Sivananda Ashram Yoga Retreat is a vibrant tropical oasis, offering you a unique combination of modern yoga retreat and traditional yoga ashram, connected to a classical community. Come stay, learn, and practice with us.









EC EXPERIENTIAL PROGRAM March 3 – 5, 2016 Healing Through Mystical Qigong

Experience an authentic and inspiring teacher and access true healing.

Based on simple yet powerful techniques, Pangu Shengong (PGSG) is a mystical gigong system that uses the power of the universe for healing. Come learn the three primary aspects of PGSG with its originator, Master Ou Wen Wei, including the Moving Form, to promote health by strengthening of the life-force; the Non-Moving Form, to strengthen the nervous system and intuitive ability; and the Healing Skill, to provide healing treatments to others. There will also be a special class on developing spiritual vision.



Paradise Island, Bahamas



MASTER OU WEN WEI is a gigong master and originator of the Pangu Shengong system, which he has successfully used to heal people suffering from cancer, heart disease, and other chronic conditions. He is the author of twelve books, including Pan Gu Mystical Qigong.

