

Pangu Mystical Qi Gong June 16-19, 2017

Register Today

www.pangu.org/events/raleigh-2017/

Pangu Shengong (PGSG) is a simple, highly effective & easy to learn method of energy cultivation that improves health, well-being, & vitality. With its philosophy rooted in kindness, it is designed to absorb the beneficial energy of the sun & moon, & the essential qi of the universe, regulating & enhancing one's life force & immunity. Thousands of people have used this method to recover from serious health conditions.

Qi Gong Master, author, poet, musician, calligrapher, & creator of PGSG, **Ou Wen Wei**, has maintained excellent health for over 40 years and has taught & helped thousands of people to cure their illnesses.

Master Ou will offer PGSG Foundational Classes, Advanced Lectures, & Group Healings. Many of the classes will be held at Aloft Raleigh across from NCSU's historic Bell Tower & Pullen Park. The advanced classes & group healings will be held at the Sturdivant House, located 15 minutes from the hotel.

In addition to the regular suite of PGSG classes, Master Ou will dedicate a large portion of the weekend to teaching Advanced Topics to current teachers and other dedicated students.

Group Healing sessions will be offered on June 18th & 19th, with an opportunity to briefly meet with Master Ou one on one to discuss personal health challenges or other topics.

Also, we are excited to include: Tai Chi Master, Vincent Chu's, Pangu Tai Chi & Anisha Desai Fraser's Pangu Yoga to our course offerings.

Questions? - Contact Cristen Bopp
cristenqi26@gmail.com 919-621-5589
Tai Chi Questions - Erin Tracy 919-616-9218
erin@empowerwellness.com Yoga Questions -
Anisha Desai Fraser
info@sunandmoonhealing.org



Friday, June 16

- Moving Form Qi Gong Teacher Training 9-10:30am
- Advanced Topics Lecture - Teachers 11am-12:30, 2-3:30pm
- Intuition Development 4-5:30pm
- Pangu Tai Chi 6:45-8:45pm

Saturday, June 17

- Moving Form Qi Gong 9-10:30am
- Healing Techniques 11-12:30pm
- Non-Moving Form Qi Gong 2-3:30pm
- Advanced Condensed Form Qi Gong 4-5:30pm
- Pangu Tai Chi 6:30-8:30pm

Sunday, June 18

- Pangu Yoga 8:30-10:30am
- Pangu Tai Chi 11:00am-1:00pm
- Group Healing 2-4pm
- Path of Life Lecture 4-6:00pm

Monday, June 19

- Group Healings 9-11am